

chemical peel

day 1

- Immediately after the peel your skin may be slightly pink and shiny.
- Please wash your skin after 4 hours.
- Apply a thin layer of post peel protectant (moisturizer included) as needed. and apply the SPF if it is still daylight hours.
- 1 hour before bed, wash face with a mild cleanser, dry well, and apply one of the post peel towelettes to the peeled area.
- *if extreme itchiness, or uncomfortable irritation occurs, wash with cool water.

day 2

- Cleanse skin with a mild cleanser and gently pat dry.
- Continue to apply a light layer of the post peel protectant 2-4 times per day or as needed. Apply SPF after every application during daylight hours.
- 1 hour before bed, wash face with a mild cleanser, dry well, and apply one of the post peel towelettes to the peeled area.
- *if extreme itchiness, or uncomfortable irritation occurs, wash with cool water.

day 3 - 7

- You will start the peeling process by seeing a slight sloughing of the skin, first around the mouth area, then in surrounding treated areas. **Refrain from picking or pulling at the skin during this process.**
- Continue to treat the skin gently, and **do not scrub.**
- Avoid any facial treatments until the skin is no longer sensitive.

T
S
O
R
+
E
R
R