

clear + brilliant[®]

You may not undergo a clear + brilliant treatment if you:

- are pregnant or lactating
- have had recent sun exposure or spray tan
- applied photo-sensitizing topical medications
- have taken oral photo-sensitizing medications
- have an active infection or breakout in treatment area
- received botox or dermal fillers within 2 weeks
- used isotretinoin (accutane[®]) in the past 6 month

PRE

Avoid direct sun exposure/spray tan for a minimum of 2 weeks prior to treatment

Discontinue retinoids, retinol, benzoyl peroxide topical creams, glycolic, salicylic acids or any other exfoliating creams or cleansers for 3 days prior to treatment

Discontinue any photo-sensitive oral medications, such as antibiotics, for 2 wks prior

Reschedule your appointment if you have:
active acne, or active infection in the treatment area

We will topically numb your skin for 30 minutes prior to treatment.

[**Herpes Simplex Reactivation** : Herpes simplex virus (cold sore) eruption may result in rare cases in a treated area that has previously been infected with the virus. You can help to avoid this by taking a prophylactic medication prior to treatment]

POST

Do not apply makeup post treatment.

Most people will feel some **heat-related discomfort** (pain) associated with the treatment. This discomfort is usually temporary during the procedure and localized within the treatment area. A small number of patients have reported tenderness in the treatment area lasting up to several hours.

Slight redness and swelling may occur post treatment and may last up to 24 hours.

You may notice a "sandpaper" texture for **5-7 days post-treatment** as the skin is **regenerating**. **DO NOT attempt to scrub dry skin off**. Allow dead skin to flake off naturally.

Keep the skin hydrated by applying hyaluronic acid and a gentle moisturizer.

Avoid direct sun exposure for 2 weeks post and apply SPF 30 daily.

For best results, this treatment is recommended in a series of treatments, to be spaced 4 weeks apart.

PRE
+
POST