

Marisa Martino, founder of
SKINNEY Medspa

Time to Shine

As summer heats up, so must our skincare routine: layer on sunscreens by day and deep clean by night. We checked in with Marisa Martino, founder of SKINNEY Medspa (skinneymedspa.com), to get her summer skincare essentials. *by PHEBE WAHL*

YOU CAN NEVER HAVE ENOUGH: You can never have enough tinted sunscreen. This is an everyday must, giving me coverage and protection in one.

BEST SUMMER CLEANSER: Anything lightweight is good. Lait U by Biologique Recherche (now called Lait S.R.) is my go-to lightweight milk cleanser, which leaves my skin fresh without stripping it.

BEST SUMMER FACIAL TREATMENT: A HydraFacial is my favorite for summer. It

exfoliates and clears clogged pores without irritating sun-exposed skin.

BEST SUMMER AT-HOME TREATMENT OR DEVICE: I swear by the Braun at-home laser hair removal device. It's super convenient and safe to use even when exposed to the sun.

BEST SUMMER SKINCARE ADVICE: Always reapply SPF every 2 hours. Broad-spectrum and water-resistant SPF, like Alastin's, is key for real protection.



SUMMER SKINCARE ESSENTIAL: "My mini P50 Lotion by Biologique Recherche is a total game-changer. Perfect for keeping skin glowy and smooth while on the go." biologique-recherche.com



CURRENT BEAUTY OBSESSION: "Kosas Wet Lip Gloss and Glow I.V. Foundation are my favorites." kosas.com



BEST SUMMER SERUM: "I rely on SKINNEY Water Molecule, a hydrating hyaluronic acid serum, to keep my skin plump and balanced in the heat." skinneymedspa.com



BEST SUNSCREEN: "The ISDIN Tinted SPF is lightweight, blends effortlessly, and gives me that natural-skin-but-better finish." isdin.com